



CORTEZ RACING ASSOCIATION

A Nonprofit California Corporation

2006 STANDARD SAILING INSTRUCTIONS

Effective January 1, 2006

1. RACING RULES:

- 1.1 This Regatta will be governed by the rules as defined in the Racing Rules of Sailing, 2005 – 2008, including US Sailing Prescriptions.
- 1.2 USCG "Navigation Rules, International-Inland"; Bylaws and Class Rules of PHRF Southern California and PHRF San Diego; The Entry Form, Notice of Race; these Sailing Instructions and any amendments hereto will apply.
- 1.3 Amendments to these Standard Sailing Instructions will be distributed using the CRA web site (www.cortezracing.com) and will be available at the Committee Boat on race day(s) when code flags "L" and "A" are on hoist during Race Check-In.
- 1.4 PHRF "RLC" Ratings will be used to score all races. PHRF non-spinnaker offsets will not be used for scoring. Yachts shall carry all "Standard Equipment" listed in the PHRF SC Class Rules for Category 4 events (<http://www.phrfsocal.org/class.htm>).
- 1.5 Classes, class pennants and pennant colors: **Class pennants must be flown from the backstay of all yachts while racing.**

Class A	Spinnaker	RLC Ratings below 69 sec/mile	White
Class B	Spinnaker	RLC Ratings 72 sec/mile through 111 sec/mile	Blue
Class C	Spinnaker	RLC Ratings 114 sec/mile through 153 sec/mile	Hot Pink
Class D	Spinnaker	RLC Ratings 156 sec/mile and above	Yellow
Class E	Non-Spinnaker	All Ratings	Green
- 1.6 **Racing boats encountering non-racing craft shall conform to 1.2 above, USCG Navigation Rules, International-Inland. Be advised that no vessel has the "right-of-way" over a large ship in the deep water channel. Interference with deep draft vessels will be grounds for protest by the Race Committee. USCG Nav. Rules, Rule 9 will be strictly enforced.**
- 1.7 Sailing Instructions 3.6, 3.7, 4.3, 9.2, 9.3, 10.1, 11.1 and 12 modify the RRS.

2. ENTRIES & CHECK-IN:

- 2.1 CRA race series and regattas REQUIRE an ENTRY FEE of \$20 from non-CRA members wishing to participate.
- 2.2 CRA race series and regattas REQUIRE an ENTRY FORM from non-CRA members wishing to participate. CRA yachts skippered by their CRA member/owner (as carried on the CRA roster) are automatically eligible and need not submit an entry form unless requested by the R/C. Entry forms are also required from: (1) CRA yachts skippered by non-CRA members and (2) CRA members chartering a yacht not registered nor listed on the CRA roster.
- 2.3 Entry forms are available on CRA's web site (www.cortezracing.com) and from the R/C boat. In order for non-CRA yachts to be scored in CRA races, a fully completed entry form and entry fee (non-CRA members) must be turned into the R/C prior to the Warning Signal or as directed by the R/C.
- 2.4 Yachts will have completed their "Check-In" when they check-in with and are acknowledged by the R/C. Radio check in (VHF 68) for a CRA member or a previously entered yacht is acceptable prior to the first Warning Signal.
- 2.5 Check-In will commence when the "L" flag is hoisted. After the lowering of the "L" flag, Check-In, and radio Check-In will continue at the discretion of the Race Committee.

3. STARTING & RACING AREAS:

- 3.1 The STARTING AREA for most CRA bay races will generally be near the center of Harbor Island.
- 3.2 The RACING AREA covers the general locale known as San Diego Bay. For special events, refer to that "Notice of Race". For navigation, refer to NOAA Chart #18733, San Diego Bay.
- 3.3 The "L" flag, when on hoist, indicates the R/C is "On Station" for race Check-In procedures.
- 3.4 The Starting Line will lie between a staff with an ORANGE FLAG on the Race Committee vessel and an INFLATABLE BUOY ("A" Mark) near the R/C boat. (NOTE: "A" Mark is also the Pin End of the Start/Finish line.)
- 3.5 An inflatable distance buoy may be streaming from the Race Committee vessel and this buoy is considered part of the R/C vessel. For purposes of RRS 31.1, Touching A Mark, this buoy is to be considered part of the RC signal vessel.
- 3.6 Yachts who's Class Warning Signals HAVE NOT been made shall keep clear of the starting area and vessels attempting to start. After starting, a yacht on a return leg shall not sail through the "Starting Line" if the R/C Boat has another class' "Starting

Signal" on hoist, unless actually finishing. Skippers in violation of Paragraph 3.6 may be subject to a 3 minute penalty imposed by the Race Committee without benefit of a hearing. This modifies RRS 63.1, Requirement for a Hearing.

- 3.7 All races will be started in accordance with RRS 26 except as modified in these instructions. To signal the "Sequence Start" warning, one minute prior to a race the R/C will hoist the "W" (whisky) signal flag, and will sound 5 long horn blasts. "Sequence Start Time" (00 min.) will be signaled by the lowering of the "W" (whisky) signal flag and a GUN, followed 30 seconds later by the first Warning Signal of the race. The time of these signals, and all subsequent signals, are listed in the "CRA Starting Sequence Table" below. Times shall be taken from the visual signals. The absence of a sound signal shall be disregarded.

Time* (*Race 1)	Timing from 1 ST Gun	CRA STARTING SEQUENCE TABLE VISUAL SIGNAL	Class Flag	Sound Signal	Event
1154	-01 Min	"W" (whisky) signal flag UP("Sequence Start" warning)		5 horns	5 horn warning
1155	00 Min	"W" (whisky) signal flag DOWN		Gun	Sequence Start Time
1155:30	+0:30 Min	Warning Class A Pennant up (White)	(White)	HORN	Class A Warning
1156	+01 Min	Preparatory P Flag Up		HORN	Class A Prep.
1159	+04 Min	P Flag down		HORN	
1200	+05 Min	Start Class A Pennant down (White)	(White)	Gun	Class A Start
1200:30	+05:30 Min	Warning Class B Pennant up (Blue)	(Blue)	HORN	Class B Warning
1201	+06 Min	Preparatory P Flag Up		HORN	Class B Prep.
1204	+09 Min	P Flag down		HORN	
1205	+10 Min	Start Class B Pennant down (Blue)	(Blue)	Gun	Class B Start
1205:30	+10:30 Min	Warning Class C Pennant up (Hot Pink)	(Hot Pink)	HORN	Class C Warning
1206	+11 Min	Preparatory P Flag Up		HORN	Class C Prep.
1209	+14 Min	P Flag down		HORN	
1210	+15 Min	Start Class C Pennant down (Hot Pink)	(Hot Pink)	Gun	Class C Start
1210:30	+15:30 Min	Warning Class D Pennant up (Yellow)	(Yellow)	HORN	Class D Warning
1211	+16 Min	Preparatory P Flag Up		HORN	Class D Prep.
1214	+19 Min	P Flag down		HORN	
1215	+20Min	Start Class D Pennant down (Yellow)	(Yellow)	Gun	Class D Start
1215:30	+20:30 Min	Warning Class E Pennant up (Green)	(Green)	HORN	Class E Warning
1216	+21 Min	Preparatory P Flag Up		HORN	Class E Prep.
1219	+24 Min	P Flag down		HORN	
1220	+25 Min	Start Class E Pennant down (Green)	(Green)	Gun	CLASS E START

- 3.8 When two races are scheduled on a single day, the starting sequence for the second race MAY begin before all yachts have completed their first race. The beginning of the Starting Sequence for the second race will be signaled in accordance with Paragraph 3.7

4. RECALLS:

- 4.1 **INDIVIDUAL RECALLS** will be signaled by a horn blast as the long sound signal, in accordance with RRS 29.1. The Race Committee will attempt to hail premature starters over a loud hailer and on VHF68. It is the responsibility of each yacht to start properly. The failure of a yacht to hear/receive a hail shall not be grounds for redress.
- 4.2 A Race Committee vessel may be stationed near the Pin Buoy end of the starting line and is also authorized to identify and hail premature starters.
- 4.3 **GENERAL RECALLS** will be signaled by hoisting the "First Substitute" flag and two (2) gun blasts, in accordance with RRS 29.2. The new start for the recalled class will be exactly 5 minutes after their recalled start signal. In modification of RRS 29.2, the new warning signal for the recalled class will be exactly 30 seconds after their recalled start. The "First Substitute" flag will be lowered after "P" Flag Down. Subsequent starts will be delayed accordingly. It is the intent of the Race Committee to avoid General Recalls by using the Individual Recall (Section 4.1 above) to the maximum extent possible.

5. COURSES:

- 5.1 The Race Course Number will be displayed onboard the Race Committee boat no later than the first warning signal for a race. Course numbers refer to the current CRA Chart and Course Guide or an amended CRA Course Chart which will be available from the R/C boat prior to the day's races. When racing conditions preclude using typical courses and when code flags "L" and

"A" are on hoist during Check-In and until lowered, racers are required to monitor VHF 68 for additional race and course information.

6. SHORTENED COURSE:

6.1 After the starting signal, courses may be shortened at any mark. The Finish Line will lie between the mark at which the course is being shortened and an Orange Flag onboard the R/C or Pin boat. In accordance with RRS 32 and Racing Signals, the R/C or Pin boat will display code flag "S" and shall attempt to call attention to these visual signals with sound signals.

7. FINISHING:

7.1 The Finish Line will lie between an Orange Flag onboard the R/C boat and a nearby buoy ("A" Mark). In the event that the pin mark is missing, yachts may finish by passing on either side of the R/C, within 3 boat lengths. Yachts finishing during a "Start Sequence" (Section 3.8 above), may elect to finish within 2 boat-lengths distance outboard of the Pin End buoy or the R/C boat.

8. TIME LIMIT:

8.1 If no yacht in a class has finished by 4:00 PM on the day of the race, the race will be abandoned for that class. Yachts not finished by 4:30 PM will be recorded as DNF. For all two-race regattas, if no yacht in a class has finished the second race by 4:30 PM, the race will be abandoned for that class. Yachts not finished by 5:00 PM will be recorded as DNF. If an "E" (echo) signal flag is raised and on hoist prior to the first warning of a race, these finish deadline times may be extended at the discretion of the Race Committee.

8.2 When a yacht retires from a race or chooses not to compete in the second race, **the Race Committee must be notified before leaving the course area.** Informing the R/C vessel can be accomplished by either (a) sailing (motoring) past the R/C vessel OR (b) radioing the R/C vessel (VHF 68). Failure to do this may result in disqualification from that race and entry rejection for other CRA races. (*Don't leave the Race Committee hanging - -*).

9. SCORING:

9.1 The low point scoring system, RRS Appendix A of the Racing Rules, will be used for all CRA Race and Regatta scoring.

9.2 All races will count for the total score, and one race constitutes a series. This modifies RRS Appendix A2.

9.3 All required sails shall have clearly visible sail numbers. Improper, inconsistent or numbers other than those used for Check-In, are not permitted. Failure to comply may necessitate a DNC score for the yacht with incorrect sail numbers. This modifies RRS appendix A5.

10. PROTESTS:

10.1 Protests shall be initiated in compliance with Rule 61 except as amended by these Sailing Instructions. Competitors intending to protest another boat(s) shall immediately hail those other yachts, display a red protest flag, and are required to have a Protest Flag on display when finishing, then must inform the Race Committee **AFTER** finishing or before retiring from the course area. Skippers must provide the R/C with the sail number(s) or name(s) of the protested yacht(s) and receive R/C acknowledgment. This modifies RRS 61.1(a), Protest Requirements.

10.2 Red Protest Flags shall be displayed from the backstay. On yachts without backstays, the protest flag will be displayed in a prominent position on the stern.

10.3 Protests must be submitted in writing, on a standard US Sailing Protest Form and filed with an official CRA Representative at the post race meeting area within 90 minutes of finishing or retiring from the course area. (Location of meeting area will be posted on the R/C boat.)

10.4 The parties involved will be listed in the order of filing on the CRA bulletin board located at Fiddler's Green and protests will be heard as soon as practicable. This posting constitutes the notice required by RRS 63.2, Time and Place of the Hearing.

11. PROTEST ARBITRATION

11.1 Arbitration hearings may be held prior to the protest hearing for all protests involving violations of Part 2 of the Racing Rules of Sailing. This changes RRS 60.1(b), 63.1, 63.6, and 66.

11.2 After a protest is filed, one representative (conforming to RRS 63.3(a)) of each boat may appear before an arbitrator. No witnesses are permitted.

11.3 If the arbitration participants agree that the protested or protesting boat infringed a rule, the arbitrator will penalize the infringing boat by applying a maximum six (6) minute time penalty or a disqualification. Arbitrations will not be reopened and arbitration rulings and penalties are not subject to redress. If the arbitration fails to resolve the protest, a regular protest hearing will be held at a time and place to be determined by the Protest Committee and the parties to the protest shall be notified.

11.4 When the protest is referred to the jury, the arbitrator shall not be a member of the jury hearing the protest, but may be called as a witness by the jury.

12. ALTERNATIVE PENALTIES:

RRS 44.1, Taking a Penalty, and 44.2, Two-Turns Penalty, will apply. RRS 44.2 is modified to require only one prompt turn, including one tack and one gybe.

13. RESPONSIBILITY, SAFETY & PERSONAL FLOTATION:

13.1 It is the sole responsibility of the skipper of each yacht to decide whether or not to start and/or continue to race.

13.2 After the starting sequence is complete, the R/C vessel will make every attempt to monitor VHF channel 68.

13.3 Notwithstanding any safety requirements, the ultimate safety of a yacht and her crew is the sole and inescapable responsibility of the owner or charterer. He/she must do his/her best to ensure that the yacht is fully sound, thoroughly seaworthy and manned by an experienced crew who are physically fit to face bad weather. He/she must be satisfied as to the soundness of hull, spars, rigging, sails and all gear. He/she must ensure that all safety equipment is properly maintained and stowed, and that crew members know where it is stowed and how it is used.

13.4 While racing, each competitor will be required to have onboard and accessible, a "wearable" PFD. The use of PFDs by individuals and skippers is encouraged at all times. If in the opinion of the R/C conditions warrant the use of PFDs, the R/C will signal the "Y" flag accompanied by multiple rapid horn blasts, indicating RRS 40 is in affect.

14. RACE RESULTS & TROPHY AWARDS:

14.1 Race results will be announced at the after race meeting, published on the CRA web site (www.cortezracing.com) and posted at Fiddler's Green Restaurant, Shelter Island.

14.2 Series and Regatta trophies will be awarded at the conclusion of that Series or Regatta. Trophies will be awarded using the listed procedure. One trophy for 4 yachts, two for 3-7 yachts, three for 8 or more, based on the number of finishers in that Series or Regatta.

14.3 Yachts sailing in violation of the PHRF Class Rules and/or these Sailing Instructions are ineligible for Trophy Awards.

15. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk (see RRS 4, Decision to Race). The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.